
FREE CHILD CARE HEALTH CONSULTANT PROGRAM



Child Care Health Consultants are a FREE resource available through your local Child Care Resource Center to support you with implementing best practices in health, safety, and nutrition.

The Idaho CCHC Program Supports Child Care Providers by:

- Offering guidance, training, and resources on a variety of health, safety, and nutrition topics:
 - Safe Sleep
 - Nutrition
 - Challenging Behaviors
 - Special Needs/Inclusion
 - Emergency Planning- YIKES
 - Active Physical Play
 - Diapering/Handwashing
 - Oral Health
 - Playground Safety
 - And many more...
- Supporting implementation of current Health and Safety standards.
- Helping create environments that best support the healthy growth and development of every young child.

To contact your local CCHC Program:
VISIT idahostars.org | CALL 211 or 1-800-926-2588



MEET YOUR CHILD CARE HEALTH CONSULTANTS



Darcie Wickard

Darcie is excited to join IdahoSTARS as the Child Care Health Consultant for Regions 3, 4, and 5. She recently moved "home" to Boise from Portland, Oregon to be near family as she and her husband raise their son.

Darcie has over 20 years of experience in the Early Childhood Education field and has spent the past 15 years working directly with infants, toddlers, and their families in high quality child care programs. She received her undergraduate degree from the University of Idaho and will always be a Vandal at heart. She received her master's degree in Early Childhood Education from Portland State University as well as an Infant Toddler Mental Health Graduate Certificate. Some of her specialties include feeding, sleeping, health & safety, relationships & language in the infant/toddler classrooms and beyond.

Darcie looks forward to visiting the amazing programs you all have to offer. She is happy to share her direct experience working with infants and toddlers and collaborate with your program to provide the best for Idaho's children.



Jill D. Carroll

Jill recently joined the IdahoSTARS Child Care Health Consultant Team serving Regions 3, 4 and 5. Having spent her whole life in the East and Midwest, she is excited to live in such a beautiful place as Idaho.

Jill brings 21 years of Head Start experience with preschoolers and their families in the areas of mental health, health and safety, and family engagement. She also has been in practice as a Licensed Professional Counselor since 2005 partnering with children, adults and families to help clients achieve their goals.

She received her BA in Psychology from Kalamazoo College (Michigan) and a master's degree in Educational Psychology from SUNY at Buffalo. A few years later she attended the University Of Wisconsin and received a master's degree in Community Counseling. Her passion is making the lives of children be the best they can be. Her areas of expertise include relationship building, social/emotional development and coaching. She is very excited to meet all the dedicated people who are running the Child Care Programs that support parents and children in their quest for success. Together we can make a difference.

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