

## Recommended Guidance for Salons, Barber Shops and Spas

### Purpose

Central District Health (CDH) and Southwest District Health (SWDH) encourage all businesses within our districts to follow the phases outlined in the Guidelines for Opening Up Idaho available at <https://rebound.idaho.gov>. This guidance is intended to help businesses plan for safe and appropriate business operations as allowed within the phases of reopening.

CDH and SWDH are providing guidance for Salons, Barber Shops and Spas to begin building their plans for ensuring the health and safety of employees and patrons.

### Recommended Actions

#### Facility/Location Protocol

- Continue to Maintain all rules pertaining to Safety & Sanitation through - [IDAHO BARBER AND COSMETOLOGY SERVICES LICENSING BOARD](#)
- Post notification informing clients and staff of how the businesses will take all the necessary precautions once it is reopened. Make it clear to all who frequent your business that you require the staff to follow these procedures and what specific procedures the salon follows to keep everyone protected. Ensure that clients and staff know not to come in if they are feeling sick.
- Communicate to all clients that updated policies and procedures for cleaning, disinfecting and safety have been established, to create a bond of reassurance for when they return.
- Maintain social distancing between workstations. Consider alternate work schedules to allow for social distancing among staff. Stations need to be six feet apart from each other or seating of clients at every other station.
- Ensure social distancing in the lobby/waiting area or discontinue the use. Consider providing services by appointment only and discontinue walk-in services to avoid congregating in the lobby area. Have clients wait in their vehicle until the cosmetologist or barber is ready for the appointment.
- Remove all magazines, beverage stations, and any non-essential items.
- If you have a makeup counter, remove all disposable applicators and testers for clients. They will need to be distributed individually.

- If your salon disinfects tools and utensils in the back, or in a location that is not visible, disinfect your tools and place them in a clean, disinfected container or plastic bag that is sealed and not opened until your next client is ready for their service.
- Ensure thorough sanitizing of all high traffic areas and frequently touched surfaces throughout the facility (door handles, light switches, bathroom area, retail products, cabinets, faucets, anything that can be touched etc.) as often as possible (every 60 minutes is recommended). A list of recommended EPA registered disinfectants to use can be found here: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2> Make sure to strictly follow manufacturer's instructions. Refer to the [CDC's guidance on cleaning and disinfection](#) for more information.
- Establish an illness policy for your employees if you do not already have one.
  - Encourage your staff to strictly follow your establishment's illness policy and stay home when sick.
  - Establish a daily process for identifying and sending home staff who become sick.
  - If staff are exhibiting any concerning symptoms, you should use your illness policy to determine if they should stay home.
- Consider performing a temperature check of all individuals (clients and staff) that arrive at the facility to ensure that a person with a fever does not potentially expose others to coronavirus. An infrared thermometer can be used to ensure contactless temperature checks.
- Inform all clients receiving services on what they need to be prepared for at their next appointment:
  - Credit card on file prior to receiving appointment for contactless checkout.
  - Ask your clients to wear a cloth face covering prior to entering.
  - Inform them about temperature check at entrance.
  - Ask your clients to wash or sanitize hands at entrance.
  - Ask them to wait in car. Inform them that you will call when ready.
  - Ask them to only bring in what can be carried on the person (no coats/vests, gloves, hats, purses etc.)
  - Answer any questions your clients may have pertaining to your safety measures.
- Train your employees on the new protocols and procedures. Make sure that they fully understand the importance of social distancing and other safety measures your business will implement.

## Sample Service Provider Protocol

- Maintain all current rules and regulations pertaining to licensure as a licensed cosmetologist, barber, esthetician, nail technician and massage therapist.
- Service providers' hands will be sanitized upon entering the location.
- Service providers' temperature check will be issued upon entering the location.
- Service providers will wear a cloth face covering while in the building at all times.
- Those service providers that do not have an upcoming appointment should leave the space to ensure fewer people in the facility.
- Allow enough time between appointments to thoroughly sanitize/disinfect area/workstation.
- Clean and disinfect shears, brushes, and any other tools used while your client is in the chair, so they see you physically taking every precaution to keep equipment disinfected while they're in your care.
- Clean and disinfect every station, chair, mirror, tools and any products used and touched after each use to ensure everyone's health and safety. Make sure to use EPA registered products and strictly follow manufacturer's instructions.
- Use a clean new cape or disposable cape for each client.
- Service providers will wash their hands for 20 seconds prior to and after client services with soap and hot water.
- The spa staff will wear gloves for all procedures to avoid skin to skin contact.
- Any service provider who is sick or experiencing symptoms cannot enter the building until they have been cleared by a doctor. Any ill employees must stay home.
- Service providers must use "respiratory etiquette." Cover their cough or sneeze with a tissue.
  - See [CDC's Cover Your Cough page](#) for more information.
  - Post signs. Signs should be highly visible and remind staff and clients to perform hand hygiene, sneeze/cough into their elbow, put used tissue in a waste receptacle, and to wash hands immediately after using tissue.
  - Provide adequate supplies within easy reach, including tissues and no-touch trashcans.
  - Recommend everyone to avoid close greetings like hugs or handshakes.
- Service providers should ask each client entering the facility the following questions - Have you had a cough? Have you had a fever? Have you been around anyone exhibiting these symptoms within the past 14 days? Are you living with anyone who is sick or quarantined?
- Service providers will consider using cloth face coverings at all times.
  - CDC recommends that everyone 2 years and older should wear a cloth face covering over their nose and mouth when in a community setting.

- This is an additional public health measure people should take to reduce the spread of COVID-19 in addition to (not instead of) social distancing, frequent hand cleaning and other everyday preventive actions.
- A cloth face covering is not intended to protect the wearer, but may prevent the spread of virus from the wearer to others.
- Service providers should avoid the exchange of cash. After transactions, they must properly wash hands.



### Sample Client Protocol

- Clients should be advised to make sure their appointments are secured with a credit card if possible prior to receiving services to avoid contact at check out (No cash policy).
- Only the client being serviced will be allowed in the facility.
- Prior to receiving services each client entering the facility should be asked the following questions: Have you had a cough? Have you had a fever? Have you been around anyone exhibiting these symptoms within the past 14 days? Are you living with anyone who is sick or quarantined?
- Clients should be advised to leave all belongings that cannot be carried "on their person" at home or in the car. (coats, vests, hats, gloves, bags, large purses etc.)
- Clients should be advised to wear a cloth face covering prior to entering the salon and/or spa.
- Clients hands will be washed and/or sanitized upon entering the location. Hand washing sink and/or hand sanitizer should be made available for clients to use.
- Clients temperature will be checked upon entering the location.
- Any client who is sick or experiencing symptoms cannot enter the building until they have been cleared by a doctor.

This guidance is subject to change as more information becomes available about limiting the transmission of COVID-19. For more information on COVID-19, resources are available at the following:

- CDC Coronavirus Disease 2019 (COVID-19) Print Resources:  
<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>
- CDC Environmental Cleaning and Disinfection Recommendations:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

- CDC When and How to Wash Your Hands <https://www.cdc.gov/handwashing/when-how-handwashing.html>
- State of Idaho Official Novel Coronavirus (COVID-19) Website: <https://coronavirus.idaho.gov/>

	
<p><i>Serving Ada, Boise, Elmore, and Valley Counties</i></p>	<p><i>Serving Adams, Canyon, Gem, Owyhee, Payette, and Washington Counties</i></p>
<p><a href="https://www.cdh.idaho.gov/dac-coronavirus">https://www.cdh.idaho.gov/dac-coronavirus</a></p>	<p><a href="https://phd3.idaho.gov/coronavirus/">https://phd3.idaho.gov/coronavirus/</a></p>
<p>Call Center: 208-321-2222 M-F 8:30 am – 4:30 pm</p>	<p>Call Center: 208-455-5411 M-F 8 am – 5 pm</p>