



2019 Novel Coronavirus [COVID-19]

phd3.idaho.gov/covid19

As temperatures continue to drop and agricultural business moves from working outdoors to indoors, Southwest District Health has some helpful tips to keep in mind to reduce the risk of COVID-19 at your workplace:

Maintain social distance

- Space workers at least six feet apart, not facing one another
- If workers do need to face one another, use physical barriers such as partitions

Promote hand hygiene

- Encourage workers to wash their hands often with soap and water for at least 20-seconds
- Provide access to permanent and/or temporary handwashing facilities equipped with soap, clean water, and clean, single-use towels
- Increase the number of handwashing stations
- When soap and water are not immediately available, provide access to temporary stations equipped with hand sanitizer containing at least 60% alcohol
- Place sanitizing stations in multiple locations. Including entry/exit and time clock stations

Promote cough and sneeze etiquette

- Cover your mouth and nose with a tissue
- Throw used tissues in the trash
- If you don't have a tissue, cough or sneeze into your elbow, not your hands
- Immediately wash your hands after blowing your nose, coughing, or sneezing

Conduct disinfection and sanitation

- Develop cleaning and disinfecting procedures for high touch areas such as tools, equipment, time clocks, bathroom fixture, vending machines, railings, and door handles
- Provide disposable disinfectant wipes to frequently clean commonly touched surfaces
- Prevent or limit sharing of tools, when possible
- Clean and disinfect shared tools between each worker use

Dispose of all cleaning material and Personal Protective Equipment (PPE) in compliance with [OSHA Standards](#) and wear cloth face coverings as a protective measure in addition to social distancing

- If a work hazard assessment requires wearing a respirator, continue to do so
- Disposable face masks act as a protective barrier to prevent the wearer from ingesting respiratory droplets, as well as prevent the wearer from spreading respiratory droplets
- Cloth face coverings are not PPE. They are not appropriate substitutes for PPE, such as respirators (like N95 respirators) or medical facemasks (like surgical masks) in

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workplaces where respirators or facemasks are recommended or required to protect the wearer

- Ensure that face-covering:
 - Fit over the nose and mouth
 - Fit snugly but comfortable against the side of the face
 - Are secure with ties or ear loops
 - Include multiple layers of fabric
 - Allow for breathing without restriction.
- Make sure your workers know to change out their mask if it becomes wet, soiled, or otherwise visibly contaminated

Allow workers to continue wearing gloves they would normally wear while doing fieldwork

Consider screening workers for COVID-19 signs and symptoms:

- Screen workers before they enter the facility
- Consider having a single entry point for the facility
- Ask workers in appropriate languages if they have had a fever (or feeling of feverishness), respiratory symptoms, or [other symptoms](#) in the past 24 hours
- Check temperatures of workers to identify anyone with a fever of 100.4° F or greater
- Do not let employees enter the workplace if they have a fever of 100.4° F or greater or if screening results indicate that the workers are suspected of having COVID-19-like symptoms
- If you are using fans within the facility, set them up in a way that they do not blow air from one worker to another worker

If you need information signs to post at your place of business, materials are free and available. Some examples of available signs include reducing the risk of COVID in the workplace, washing your hands frequently, don't enter the building if you have symptoms of COVID, and proper handwashing techniques. Go to one of these locations to pick up the free signs:

- Nampa Chamber of Commerce, 101 11th Avenue South, Nampa, ID 83651
- Southwest District Health Office, 13307 Miami Ln, Caldwell, ID 83607
- Hispanic Chamber of Commerce, 5465 E Terra Linda Way, Nampa, ID 83687



SERVING ADAMS - CANYON - GEM - OWYHEE - PAYETTE - WASHINGTON COUNTIES

For current COVID-19 information visit <https://phd3.idaho.gov/covid19>. The COVID-19 Hotline is available Monday-Friday 8:00 AM-5:00 PM (208) 455-5411

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