

Illness Decision Tree for Schools

Q1: Are you experiencing COVID-19 symptoms? They include:

(One or more of these symptoms that is a new onset or is an increase in severity)

- **Fever*** (100.4°F or 38°C) without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.
- **Loss of smell or taste***
- **Cough***
- Muscle aches
- **Sore throat***
- Shortness of breath
- **Chills***
- New or unusual headache
- Nausea, **vomiting***, **diarrhea***, or loss of appetite
- Fatigue
- Congestion or runny nose

*The presence of any of these symptoms generally suggests a student, teacher, or staff member has an infectious illness and should not attend school, regardless of whether the illness is COVID 19. Students should not attend school in person if they or their caregiver identifies new development of any of these symptoms.

YES, I HAVE SYMPTOMS

NO SYMPTOMS

Q2: HAVE YOU -

- 2.1: Had close contact with a confirmed or suspected COVID-19 case?
- 2.2: Traveled to or live in an area that is designated Category 3 (Substantial Community Transmission)?
- 2.3: Recently had a COVID test that is pending?

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19? (within 6 feet for 15 minutes or more)

YES TO 1 OR MORE

NO

YES

NO

Quarantine yourself and contact your healthcare provider (HCP).

Stay at home until you are fever-free without medication for 24 hours and symptoms improve or resolve per school illness policy.

A 10-14 day quarantine is recommended, though some exceptions can be made.

- Details regarding quarantine options:
- [If both parties were wearing masks IDHW](#)
 - [Options to reduce quarantine CDC](#)

Practice physical distancing and good hygiene.

If **YES** to 2.1: Isolate for 10 days from the onset of symptoms.

If **YES** to 2.2 & you received an alternative diagnosis or negative test: Follow HCP & school guidance on when to return.
If **NOT TESTED**: Isolate for 10 days from onset of symptoms and follow school return policy.

If **YES** to 2.3: Isolate until you receive your test results.

Quarantine is not recommended for people who have been fully vaccinated and show no symptoms, or have had COVID-19 within the past 3 months and recovered. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again.

[CDC guidelines found here.](#)



Anyone who has been identified as a close contact should follow their school's quarantine policy.



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If **YES** to any of these, call: _____

Illness Decision Tree for Schools

If printed, please visit the URLs below to access the referenced materials or guidance in the digital version of the Southwest District Health (SWDH) Illness Decision Tree for Schools:

- **[If both parties were wearing masks IDHW:](https://boardofed.idaho.gov/wp-content/uploads/2021/01/K-12-Policy-Quarantine-When-Masks-are-Worn.pdf)**

<https://boardofed.idaho.gov/wp-content/uploads/2021/01/K-12-Policy-Quarantine-When-Masks-are-Worn.pdf>

- **[Options to reduce quarantine CDC:](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)**

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

- **[CDC Quarantine for fully vaccinated guidelines:](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html#:~:text=People%20who%20have%20tested%20positive,do%20not%20develop%20new%20symptoms.)**

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html#:~:text=People%20who%20have%20tested%20positive,do%20not%20develop%20new%20symptoms.>

For more information about COVID-19 and COVID-19 Vaccines

- SWDH Information Call Center | 208-455-5411 M-F, 8:30 am to 4:30 pm
- SWDH COVID-19 Webpage | phd3.idaho.gov/covid19/
- **[Idaho Coronavirus Website](#)**

